

Clozapine Titration

Monitoring physical health and side effects

National Early Warning Score (NEWS)

Ward	
NHS Number	
Name	
Date of Birth	

Clozapine Titration - Monitoring physical health and side effects

Ward							NHS Number										
Name							DOB										
Day One (enter date)	15 minutes before 1st dose		15 minutes post 1st dose		1 hour post 1st dose		2 hour post 1st dose		3 hour post 1st dose		4 hour post 1st dose		5 hour post 1st dose		6 hour post 1st dose		
Time:																	
	Sit	Stand	Sit	Stand	Sit	Stand	Sit	Stand	Sit	Stand	Sit	Stand	Sit	Stand	Sit	Stand	
Respiration Rate	≥25																
	21-24																
	12-20																
	09-11																
	≤8																
Record Respiration Rate																	
Oxygen Saturation	≥96																
	94-95																
	92-93																
	≤91																
Any Oxygen Given %																	
Record Oxygen Saturations %																	
Blood Pressure <i>*Score for systolic BP only</i>	≥230																
	221-230																
	211-220																
	201-210																
	191-200																
	181-190																
	171-180																
	161-170																
	151-160																
	141-150																
	Inform nurse in charge if systolic is above this line																
	131-140																
	121-130																
111-120																	
101-110																	
91-100																	
81-90																	
71-80																	
61-70																	
51-60																	
≤50																	
Record Blood Pressure																	
Postural Drop - > 20 systolic then alert Nurse in Charge																	
Pulse / Heart Rate	≥140																
	131-140																
	121-130																
	111-120																
	101-110																
	91-100																
	81-90																
	71-80																
	61-70																
	51-60																
	41-50																
31-40																	
≤30																	
Record Pulse / HR																	
Temperature	≥39																
	38.1-39°																
	37.1-38°																
	36.1-37°																
	35.1-36°																
≤35°																	
Record Temperature																	
Level of Consciousness (AVPU)	Alert																
	Voice / Pain / Unresponsive																
Blood Sugar *																	
Calculate NEWS score using guide below*																	
Staff Initials																	
*NEWS key colour code for scoring	0	1	2	3	See back page for actions and GCS												

Clozapine Titration - Monitoring physical health and side effects

Ward		NHS Number	
Name		DOB	

Day Two (enter date)	15 minutes before AM dose		4 hours post AM dose		15 minutes before PM dose		2 hour post PM dose	
Time:								
	Sit	Stand	Sit	Stand	Sit	Stand	Sit	Stand
Respiration Rate	≥25							
	21-24							
	12-20							
	09-11							
	≤8							
Record Respiration Rate								

Oxygen Saturation	≥96							
	94-95							
	92-93							
	≤91							
Any Oxygen Given %								
Record Oxygen Saturations %								

Blood Pressure	≥230							
	221-230							
	211-220							
	201-210							
	191-200							
	*Score for systolic BP only							
	181-190							
	171-180							
	161-170							
	151-160							
Inform nurse in charge if systolic is above this line	141-150							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
61-70								
51-60								
≤50								
Record Blood Pressure								
Postural Drop - > 20 systolic then alert Nurse in Charge								

Pulse / Heart Rate	≥140							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
	61-70							
	51-60							
	41-50							
	31-40							
	≤30							
Record Pulse / HR								

Temperature	≥39							
	38.1-39°							
	37.1-38°							
	36.1-37°							
	35.1- 36°							
≤35°								
Record Temperature								

Level of Consciousness (AVPU)	Alert							
	Voice / Pain / Unresponsive							

Blood Sugar *							
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Calculate NEWS score using guide below*							
Staff Initials							

*NEWS key colour code for scoring 0 1 2 3 See back page for actions and GCS

Clozapine Titration - Monitoring physical health and side effects

Ward		NHS Number	
Name		DOB	

Day 3 (enter date)	15 minutes before AM dose		4 hours post AM dose		15 minutes before PM dose		2 hour post PM dose	
Time:								
	Sit	Stand	Sit	Stand	Sit	Stand	Sit	Stand
Respiration Rate	≥25							
	21-24							
	12-20							
	09-11							
	≤8							
Record Respiration Rate								

Oxygen Saturation	≥96							
	94-95							
	92-93							
	≤91							
Any Oxygen Given %								
Record Oxygen Saturations %								

Blood Pressure	≥230							
	221-230							
	211-220							
	201-210							
	191-200							
	*Score for systolic BP only							
	181-190							
	171-180							
	161-170							
	151-160							
Inform nurse in charge if systolic is above this line	141-150							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
61-70								
51-60								
≤50								
Record Blood Pressure								
Postural Drop - > 20 systolic then alert Nurse in Charge								

Pulse / Heart Rate	≥140							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
	61-70							
	51-60							
	41-50							
	31-40							
	≤30							
Record Pulse / HR								

Temperature	≥39							
	38.1-39°							
	37.1-38°							
	36.1-37°							
	35.1- 36°							
≤35°								
Record Temperature								

Level of Consciousness (AVPU)	Alert							
	Voice / Pain / Unresponsive							

Blood Sugar *							
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Calculate NEWS score using guide below*							
Staff Initials							

*NEWS key colour code for scoring 0 1 2 3 See back page for actions and GCS

Clozapine Titration - Monitoring physical health and side effects

Ward		NHS Number	
Name		DOB	

Day 4 (enter date)	15 minutes before AM dose		4 hours post AM dose		15 minutes before PM dose		2 hour post PM dose	
Time:								
	Sit	Stand	Sit	Stand	Sit	Stand	Sit	Stand
Respiration Rate	≥25							
	21-24							
	12-20							
	09-11							
	≤8							
Record Respiration Rate								

Oxygen Saturation	≥96							
	94-95							
	92-93							
	≤91							
Any Oxygen Given %								
Record Oxygen Saturations %								

Blood Pressure <i>*Score for systolic BP only</i>	≥230							
	221-230							
	211-220							
	201-210							
	191-200							
	181-190							
	171-180							
	161-170							
	151-160							
	141-150							
Inform nurse in charge if systolic is above this line	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
61-70								
51-60								
≤50								
Record Blood Pressure								
Postural Drop - > 20 systolic then alert Nurse in Charge								

Pulse / Heart Rate	≥140							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
	61-70							
	51-60							
	41-50							
	31-40							
	≤30							
Record Pulse / HR								

Temperature	≥39							
	38.1-39°							
	37.1-38°							
	36.1-37°							
	35.1- 36°							
≤35°								
Record Temperature								

Level of Consciousness (AVPU)	Alert							
	Voice / Pain / Unresponsive							

Blood Sugar *							
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Calculate NEWS score using guide below*							
Staff Initials							

*NEWS key colour code for scoring 0 1 2 3 See back page for actions and GCS

Clozapine Titration - Monitoring physical health and side effects

Ward		NHS Number	
Name		DOB	

Day 5 (enter date)	15 minutes before AM dose		4 hours post AM dose		15 minutes before PM dose		2 hour post PM dose	
Time:								
	Sit	Stand	Sit	Stand	Sit	Stand	Sit	Stand
Respiration Rate	≥25							
	21-24							
	12-20							
	09-11							
	≤8							
Record Respiration Rate								

Oxygen Saturation	≥96							
	94-95							
	92-93							
	≤91							
Any Oxygen Given %								
Record Oxygen Saturations %								

Blood Pressure	≥230							
	221-230							
	211-220							
	201-210							
	191-200							
	*Score for systolic BP only							
	181-190							
	171-180							
	161-170							
	151-160							
Inform nurse in charge if systolic is above this line	141-150							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
61-70								
51-60								
≤50								
Record Blood Pressure								
Postural Drop - > 20 systolic then alert Nurse in Charge								

Pulse / Heart Rate	≥140							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
	61-70							
	51-60							
	41-50							
	31-40							
	≤30							
Record Pulse / HR								

Temperature	≥39							
	38.1-39°							
	37.1-38°							
	36.1-37°							
	35.1- 36°							
≤35°								
Record Temperature								

Level of Consciousness (AVPU)	Alert							
	Voice / Pain / Unresponsive							

Blood Sugar *							
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Calculate NEWS score using guide below*							
Staff Initials							

*NEWS key colour code for scoring 0 1 2 3 See back page for actions and GCS

Clozapine Titration - Monitoring physical health and side effects

Ward		NHS Number	
Name		DOB	

Day 6 (enter date)	15 minutes before AM dose		4 hours post AM dose		15 minutes before PM dose		2 hour post PM dose	
Time:								
	Sit	Stand	Sit	Stand	Sit	Stand	Sit	Stand
Respiration Rate	≥25							
	21-24							
	12-20							
	09-11							
	≤8							
Record Respiration Rate								

Oxygen Saturation	≥96							
	94-95							
	92-93							
	≤91							
Any Oxygen Given %								
Record Oxygen Saturations %								

Blood Pressure	≥230							
	221-230							
	211-220							
	201-210							
	191-200							
	181-190							
	171-180							
	161-170							
	151-160							
	141-150							
Inform nurse in charge if systolic is above this line	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
61-70								
51-60								
≤50								
Record Blood Pressure								
Postural Drop - > 20 systolic then alert Nurse in Charge								

Pulse / Heart Rate	≥140							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
	61-70							
	51-60							
	41-50							
	31-40							
	≤30							
Record Pulse / HR								

Temperature	≥39							
	38.1-39°							
	37.1-38°							
	36.1-37°							
	35.1- 36°							
≤35°								
Record Temperature								

Level of Consciousness (AVPU)	Alert							
	Voice / Pain / Unresponsive							

Blood Sugar *							
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Calculate NEWS score using guide below*							
Staff Initials							

*NEWS key colour code for scoring 0 1 2 3 See back page for actions and GCS

Clozapine Titration - Monitoring physical health and side effects

Ward		NHS Number	
Name		DOB	

Day 7 (enter date)	15 minutes before AM dose		4 hours post AM dose		15 minutes before PM dose		2 hour post PM dose	
Time:								
	Sit	Stand	Sit	Stand	Sit	Stand	Sit	Stand
Respiration Rate	≥25							
	21-24							
	12-20							
	09-11							
	≤8							
Record Respiration Rate								

Oxygen Saturation	≥96							
	94-95							
	92-93							
	≤91							
Any Oxygen Given %								
Record Oxygen Saturations %								

Blood Pressure	≥230							
	221-230							
	211-220							
	201-210							
	191-200							
	*Score for systolic BP only							
	181-190							
	171-180							
	161-170							
	151-160							
Inform nurse in charge if systolic is above this line	141-150							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
61-70								
51-60								
≤50								
Record Blood Pressure								
Postural Drop - > 20 systolic then alert Nurse in Charge								

Pulse / Heart Rate	≥140							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
	61-70							
	51-60							
	41-50							
	31-40							
	≤30							
Record Pulse / HR								

Temperature	≥39							
	38.1-39°							
	37.1-38°							
	36.1-37°							
	35.1- 36°							
≤35°								
Record Temperature								

Level of Consciousness (AVPU)	Alert							
	Voice / Pain / Unresponsive							

Blood Sugar *							
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Calculate NEWS score using guide below*							
Staff Initials							

*NEWS key colour code for scoring 0 1 2 3 See back page for actions and GCS

Clozapine Titration - Monitoring physical health and side effects

Ward		NHS Number	
Name		DOB	

Day 8 (enter date)	15 minutes before AM dose		4 hours post AM dose		15 minutes before PM dose		2 hour post PM dose	
Time:								
	Sit	Stand	Sit	Stand	Sit	Stand	Sit	Stand
Respiration Rate	≥25							
	21-24							
	12-20							
	09-11							
	≤8							
Record Respiration Rate								

Oxygen Saturation	≥96							
	94-95							
	92-93							
	≤91							
Any Oxygen Given %								
Record Oxygen Saturations %								

Blood Pressure	≥230							
	221-230							
	211-220							
	201-210							
	191-200							
	*Score for systolic BP only							
	181-190							
	171-180							
	161-170							
	151-160							
Inform nurse in charge if systolic is above this line	141-150							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
61-70								
51-60								
≤50								
Record Blood Pressure								
Postural Drop - > 20 systolic then alert Nurse in Charge								

Pulse / Heart Rate	≥140							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
	61-70							
	51-60							
	41-50							
	31-40							
	≤30							
Record Pulse / HR								

Temperature	≥39							
	38.1-39°							
	37.1-38°							
	36.1-37°							
	35.1- 36°							
≤35°								
Record Temperature								

Level of Consciousness (AVPU)	Alert							
	Voice / Pain / Unresponsive							

Blood Sugar *							
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Calculate NEWS score using guide below*							
Staff Initials							

*NEWS key colour code for scoring 0 1 2 3 See back page for actions and GCS

Clozapine Titration - Monitoring physical health and side effects

Ward		NHS Number	
Name		DOB	

Day 9 (enter date)	15 minutes before AM dose		4 hours post AM dose		15 minutes before PM dose		2 hour post PM dose	
Time:								
	Sit	Stand	Sit	Stand	Sit	Stand	Sit	Stand
Respiration Rate	≥25							
	21-24							
	12-20							
	09-11							
	≤8							
Record Respiration Rate								

Oxygen Saturation	≥96							
	94-95							
	92-93							
	≤91							
Any Oxygen Given %								
Record Oxygen Saturations %								

Blood Pressure	≥230							
	221-230							
	211-220							
	201-210							
	191-200							
	*Score for systolic BP only							
	181-190							
	171-180							
	161-170							
	151-160							
Inform nurse in charge if systolic is above this line	141-150							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
61-70								
51-60								
≤50								
Record Blood Pressure								
Postural Drop - > 20 systolic then alert Nurse in Charge								

Pulse / Heart Rate	≥140							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
	61-70							
	51-60							
	41-50							
	31-40							
	≤30							
Record Pulse / HR								

Temperature	≥39							
	38.1-39°							
	37.1-38°							
	36.1-37°							
	35.1- 36°							
≤35°								
Record Temperature								

Level of Consciousness (AVPU)	Alert							
	Voice / Pain / Unresponsive							

Blood Sugar *							
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Calculate NEWS score using guide below*							
Staff Initials							

*NEWS key colour code for scoring 0 1 2 3 See back page for actions and GCS

Clozapine Titration - Monitoring physical health and side effects

Ward		NHS Number	
Name		DOB	

Day 10 (enter date)	15 minutes before AM dose		4 hours post AM dose		15 minutes before PM dose		2 hour post PM dose	
Time:								
	Sit	Stand	Sit	Stand	Sit	Stand	Sit	Stand
Respiration Rate	≥25							
	21-24							
	12-20							
	09-11							
	≤8							
Record Respiration Rate								

Oxygen Saturation	≥96							
	94-95							
	92-93							
	≤91							
Any Oxygen Given %								
Record Oxygen Saturations %								

Blood Pressure <i>*Score for systolic BP only</i>	≥230							
	221-230							
	211-220							
	201-210							
	191-200							
	181-190							
	171-180							
	161-170							
	151-160							
	141-150							
Inform nurse in charge if systolic is above this line	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
61-70								
51-60								
≤50								
Record Blood Pressure								
Postural Drop - > 20 systolic then alert Nurse in Charge								

Pulse / Heart Rate	≥140							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
	61-70							
	51-60							
	41-50							
	31-40							
	≤30							
Record Pulse / HR								

Temperature	≥39							
	38.1-39°							
	37.1-38°							
	36.1-37°							
	35.1- 36°							
≤35°								
Record Temperature								

Level of Consciousness (AVPU)	Alert							
	Voice / Pain / Unresponsive							

Blood Sugar *							
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Calculate NEWS score using guide below*							
Staff Initials							

*NEWS key colour code for scoring 0 1 2 3 See back page for actions and GCS

Clozapine Titration - Monitoring physical health and side effects

Ward		NHS Number	
Name		DOB	

Day 11 (enter date)	15 minutes before AM dose		4 hours post AM dose		15 minutes before PM dose		2 hour post PM dose	
Time:								
	Sit	Stand	Sit	Stand	Sit	Stand	Sit	Stand
Respiration Rate	≥25							
	21-24							
	12-20							
	09-11							
	≤8							
Record Respiration Rate								

Oxygen Saturation	≥96							
	94-95							
	92-93							
	≤91							
Any Oxygen Given %								
Record Oxygen Saturations %								

Blood Pressure	≥230							
	221-230							
	211-220							
	201-210							
	191-200							
	*Score for systolic BP only							
	181-190							
	171-180							
	161-170							
	151-160							
Inform nurse in charge if systolic is above this line	141-150							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
61-70								
51-60								
≤50								
Record Blood Pressure								
Postural Drop - > 20 systolic then alert Nurse in Charge								

Pulse / Heart Rate	≥140							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
	61-70							
	51-60							
	41-50							
	31-40							
	≤30							
Record Pulse / HR								

Temperature	≥39							
	38.1-39°							
	37.1-38°							
	36.1-37°							
	35.1- 36°							
≤35°								
Record Temperature								

Level of Consciousness (AVPU)	Alert							
	Voice / Pain / Unresponsive							

Blood Sugar *							
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Calculate NEWS score using guide below*							
Staff Initials							

*NEWS key colour code for scoring 0 1 2 3 See back page for actions and GCS

Clozapine Titration - Monitoring physical health and side effects

Ward		NHS Number	
Name		DOB	

Day 12 (enter date)	15 minutes before AM dose		4 hours post AM dose		15 minutes before PM dose		2 hour post PM dose	
Time:								
	Sit	Stand	Sit	Stand	Sit	Stand	Sit	Stand
Respiration Rate	≥25							
	21-24							
	12-20							
	09-11							
	≤8							
Record Respiration Rate								

Oxygen Saturation	≥96							
	94-95							
	92-93							
	≤91							
Any Oxygen Given %								
Record Oxygen Saturations %								

Blood Pressure <i>*Score for systolic BP only</i>	≥230							
	221-230							
	211-220							
	201-210							
	191-200							
	181-190							
	171-180							
	161-170							
	151-160							
	141-150							
Inform nurse in charge if systolic is above this line	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
	61-70							
51-60								
≤50								
Record Blood Pressure								
Postural Drop - > 20 systolic then alert Nurse in Charge								

Pulse / Heart Rate	≥140							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
	61-70							
	51-60							
	41-50							
	31-40							
	≤30							
Record Pulse / HR								

Temperature	≥39							
	38.1-39°							
	37.1-38°							
	36.1-37°							
	35.1- 36°							
≤35°								
Record Temperature								

Level of Consciousness (AVPU)	Alert							
	Voice / Pain / Unresponsive							

Blood Sugar *							
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Calculate NEWS score using guide below*							
Staff Initials							

*NEWS key colour code for scoring 0 1 2 3 See back page for actions and GCS

Clozapine Titration - Monitoring physical health and side effects

Ward		NHS Number	
Name		DOB	

Day 13 (enter date)	15 minutes before AM dose		4 hours post AM dose		15 minutes before PM dose		2 hour post PM dose	
Time:								
	Sit	Stand	Sit	Stand	Sit	Stand	Sit	Stand
Respiration Rate	≥25							
	21-24							
	12-20							
	09-11							
	≤8							
Record Respiration Rate								

Oxygen Saturation	≥96							
	94-95							
	92-93							
	≤91							
Any Oxygen Given %								
Record Oxygen Saturations %								

Blood Pressure <i>*Score for systolic BP only</i>	≥230							
	221-230							
	211-220							
	201-210							
	191-200							
	181-190							
	171-180							
	161-170							
	151-160							
	141-150							
Inform nurse in charge if systolic is above this line	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
61-70								
51-60								
≤50								
Record Blood Pressure								
Postural Drop - > 20 systolic then alert Nurse in Charge								

Pulse / Heart Rate	≥140							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
	61-70							
	51-60							
	41-50							
	31-40							
	≤30							
Record Pulse / HR								

Temperature	≥39							
	38.1-39°							
	37.1-38°							
	36.1-37°							
	35.1- 36°							
≤35°								
Record Temperature								

Level of Consciousness (AVPU)	Alert							
	Voice / Pain / Unresponsive							

Blood Sugar *							
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Calculate NEWS score using guide below*							
Staff Initials							

*NEWS key colour code for scoring 0 1 2 3 See back page for actions and GCS

Clozapine Titration - Monitoring physical health and side effects

Ward		NHS Number	
Name		DOB	

Day 14 (enter date)	15 minutes before AM dose		4 hours post AM dose		15 minutes before PM dose		2 hour post PM dose	
Time:								
	Sit	Stand	Sit	Stand	Sit	Stand	Sit	Stand
Respiration Rate	≥25							
	21-24							
	12-20							
	09-11							
	≤8							
Record Respiration Rate								

Oxygen Saturation	≥96							
	94-95							
	92-93							
	≤91							
Any Oxygen Given %								
Record Oxygen Saturations %								

Blood Pressure <i>*Score for systolic BP only</i>	≥230							
	221-230							
	211-220							
	201-210							
	191-200							
	181-190							
	171-180							
	161-170							
	151-160							
	141-150							
Inform nurse in charge if systolic is above this line	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
71-80								
61-70								
51-60								
≤50								
Record Blood Pressure								
Postural Drop - > 20 systolic then alert Nurse in Charge								

Pulse / Heart Rate	≥140							
	131-140							
	121-130							
	111-120							
	101-110							
	91-100							
	81-90							
	71-80							
	61-70							
	51-60							
	41-50							
	31-40							
	≤30							
Record Pulse / HR								

Temperature	≥39							
	38.1-39°							
	37.1-38°							
	36.1-37°							
	35.1- 36°							
<35°								
Record Temperature								

Level of Consciousness (AVPU)	Alert							
	Voice / Pain / Unresponsive							

Blood Sugar *							
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Calculate NEWS score using guide below*							
Staff Initials							

*NEWS key colour code for scoring 0 1 2 3 See back page for actions and GCS

Clozapine Titration - Monitoring physical health and side effects

Ward		NHS Number	
Name		DOB	

How to calculate NEWS Score

- Record all observations overleaf.
- Note whether observation falls in shaded 'At Risk Zone' Score as per NEWS key.
- Add points scored and record total 'NEWS Score' in bottom row of chart.

How to use the physical observation chart

Start up	Observations	NEWS scores	Action		
			NEWS Score	Frequency of monitoring	Clinical response
<p>1. This chart does not override clinical judgement.</p> <p>If the patient scores 3 and above and a reason for this is known this reason must be documented/ care planned and medical advice sought.</p> <p>2. This chart cannot be used for patients under the age of 16.</p> <p>3. This chart cannot be used for patients who are pregnant.</p> <p>4. Take chart to patient.</p> <p>5. Record patient identification.</p>	<p>1. Record ALL observations with a 'firm' dot ● in black ink.</p> <p>2. Write exact values of observations in boxes provided.</p> <p>3. Join consecutive observations with a straight line over time to form a graph.</p> <p>4. If Systolic Blood pressure is recorded in the grey shaded box, please inform the nurse in charge.</p>	<p>1. Total the NEWS score including AVPU using 0 – 3 key scoring guide on the chart.</p> <p>2. Record the total NEWS score in the box for NEWS.</p>	0	<p>Minimum of weekly NEWS unless alternative observations are agreed as part of a care plan.</p>	<ul style="list-style-type: none"> Routine monitoring and scoring; Unless patient's physical condition indicates change – then a care plan is required.
			Total: 1-4 Score of 3 in any one parameter see box below	<p>Minimum - 2 Hourly Maximum - 4 hourly</p>	<ul style="list-style-type: none"> Inform registered nurse who must assess the patient; Registered nurse to decide if increased frequency of monitoring and/or escalation of clinical care required, i.e. medical review.
			Total: 5-6 Or A score of 3 in any one parameter	<p>Increased frequency to a minimum of 1 hourly. <u>If VPU scores 3 continue with GCS and NEWS scoring</u></p> <ul style="list-style-type: none"> Minimum of every 30mins for 2 hours if GCS 15. 15 minute NEWS and GCS if GCS ≤ 14. Follow actions as directed in SOP3. 	<ul style="list-style-type: none"> Registered nurse to urgently inform the medical team caring for the patient or an available medic for urgent assessment within 30mins, if the patients' medical team is not available. Contact crash team (2222) or Emergency Services (9)999
			Total: 7 Or MORE	<p>Increased frequency to 5 minutes and Therapeutic Observations (level 3/4)</p>	<ul style="list-style-type: none"> Registered nurse to immediately inform medical team for emergency assessment; Contact crash team (2222) or Emergency Services (9)999

How to calculate and action the Glasgow Coma Scale (GCS) 15 point score:

The GCS is a simple but effective way of assessing a patient's neurological condition. It categorises the patient's responses to certain stimuli and gives that response an overall score. It is divided into 3 main categories of response that are totalled to give an overall score.

- Score best motor, verbal and eye opening scores in the boxes provided following chart above;
- Add points score and record total 'Overall GCS score' in the box provided.

Score and Motor Response	Score and Verbal Response	Score and Eye Opening
6 - Obeys commands	5 - Oriented	4 - Spontaneous
5 - Localises pain	4 - Confused conversation	3 - Open to speech
4 - Withdrawal to pain	3 - Inappropriate words	2 - Open to pain
3 - Flexion	2 - Incomprehensible sounds	1 - No eye opening
2 - Extension	1 - No verbal response	
1 - No response to pain		

Date														
Time														
Motor Response Score														
Verbal Response Score														
Eye Opening Score														
Overall GCS Score														
Staffs Initials														

For actions refer to Clinical Practice policy CP35 / SOP3 which incorporates the 'Procedure to be followed in the event of altered level of consciousness'