



INFORMATION ON STOP SMOKING SUPPORT FOR SERVICE USERS
Cheshire and Wirral Partnership NHS Foundation Trust

is committed to supporting service users who wish to Stop Smoking

Stop Smoking support is available through a range of options. Service users can request advice from members of staff who are appropriately trained to offer Stop Smoking support. Service users can also access Stop Smoking support through local NHS Stop Smoking Services as listed below.

The trust will support service users in accessing these services.

Stop Smoking services can offer help, advice, and access to smoking cessation medications and problem solving to service users who wish to stop smoking.

SUPPORT CAN BE ACCESSED AT THE FOLLOWING LOCATIONS

WESTERN CHESHIRE

Stop Smoking
Service Tel: 0800
043 5134
Text: quit4good
to 60777

Email:
quit@quit4good.org
Web:
www.quit4good.org

WIRRAL

Stop Smoking
Service Tel: 0151
630 8383
Text: QUIT to
80039 plus name
and postcode

Email:
wsupport@wirralct.nhs.uk
Web:
www.quitstopwirral.co.uk

**CENTRAL & EAST
CHESHIRE**

Stop Smoking
Service Tel: 0800
085 8818
Text: QUIT to
80039 plus name
and postcode

Web:
www.stop-smoking-cheshire.co.uk

Support is also available from GP practices via appointment with your GP. Local Pharmacies also offer support and brief interventions. A list is available from your local Stop Smoking Service or GP.

Please be aware: As of the 1st July 2008, should anyone require admission into hospital, they will not be able to smoke in any of the buildings or grounds. **A leaflet, “Smoke Free – What does it mean for me?” is also available.**

NHS NATIONAL STOP SMOKING HELPLINE: 0800 022 4 332

Mon to Fri: 9am to 8pm, Sat and Sun: 11am to 5pm
or chat to an advisor online at: www.smokefree.nhs.uk